

Saturday, Sunday and Holidays, Effective May 20 - September 2, 2024

Eastbound	For explanation, see	"Reference Notes."																				
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM
PENN STATION	12:52	1:54	3:47	5:34	6:44
GRAND CENTRAL	12:13	6:19	7:10	7:47	8:13	8:47	9:13	9:47	10:10	10:47	11:13	11:47	12:10	12:47	1:10
Woodside	1:03	2:06	6:31	7:22	8:25	9:25	10:22	11:25	12:22	1:22
Forest Hills	12:28
Kew Gardens	12:30
JAMAICA (Arrive)	12:34	1:12	2:14	4:07	5:54	6:40	7:05	7:31	8:07	8:34	9:07	9:34	9:53	10:07	10:31	11:07	11:34	12:07	12:31	1:07	1:31
JAMAICA (Leave)	12:35	1:13	2:15	4:08	5:55	6:41	7:06	7:32	8:08	8:35	9:08	9:35	9:54	10:08	10:33	11:08	11:35	12:08	12:32	1:08	1:32
Locust Manor (Note)	1:19	2:21	4:14	6:01	7:12	8:14	9:14	10:14	11:14	12:14	1:14
Laurelton (Note)	1:21	2:23	4:16	6:03	7:14	8:16	9:16	10:16	11:16	12:16	1:16
Rosedale (Note)	1:24	2:26	4:19	6:06	7:17	8:19	9:19	10:19	11:19	12:19	1:19
Valley Stream (Note)	1:27	2:29	4:22	6:09	7:20	8:22	9:22	10:22	11:22	12:22	1:22
LYNBROOK	A 12:49	B 1:30	B 2:32	B 4:25	B 6:12	A 6:55	B 7:23	A 7:46	B 8:25	A 8:49	B 9:25	A 9:49	B 10:25	A 10:46	B 11:25	A 11:49	B 12:25	A 12:46	B 1:25	A 1:46
Centre Avenue	1:32	2:34	4:27	6:14	7:25	8:27	9:27	10:27	11:27	12:27	1:27
East Rockaway	1:34	2:36	4:29	6:16	7:27	8:29	9:29	10:29	11:29	12:29	1:29
Oceanside	1:36	2:38	4:31	6:18	7:29	8:31	9:31	10:31	11:31	12:31	1:31
Island Park	1:40	2:42	4:35	6:22	7:33	8:35	9:35	10:35	11:35	12:35	1:35
LONG BEACH	1:47	2:49	4:42	6:29	7:40	8:42	9:42	10:19	10:42	11:42	12:42	1:42
Train #	6202	6802	6804	6806	6810	6210	6812	6212	6814	6214	6816	6216	6818	6820	6218	6822	6220	6824	6250	6852	6252

Saturday, Sunday and Holidays, Effective May 20 - September 2, 2024

Westbound	For explanation, see	"Reference Notes."																				
	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	AM	PM	PM	PM
LONG BEACH	12:01	3:52	4:52	5:43	6:47	7:52	8:52	9:52	10:52	11:52	12:52
Island Park	12:07	3:58	4:58	5:49	6:53	7:58	8:58	9:58	10:58	11:58	12:58
Oceanside	12:11	4:02	5:02	5:53	6:57	8:02	9:02	10:02	11:02	12:02	1:02
East Rockaway	12:13	4:04	5:04	5:55	6:59	8:04	9:04	10:04	11:04	12:04	1:04
Centre Avenue	12:15	4:06	5:06	5:57	7:01	8:06	9:06	10:06	11:06	12:06	1:06
LYNBROOK	B 12:18	A 1:28	A 2:19	B 4:09	B 5:09	A 6:01	B 6:00	A 6:57	B 7:04	A 7:52	B 8:09	A 8:52	B 9:09	A 9:57	B 10:09	A 10:52	B 11:09	A 11:52	B 12:09	A 12:52	B 1:09
Valley Stream (Note)	12:21	4:12	5:12	6:03	7:07	8:12	9:12	10:12	11:12	12:12	1:12
Rosedale (Note)	4:15	5:15	6:06	7:10	8:15	9:15	10:15	11:15	12:15	1:15
Laurelton (Note)	4:18	5:18	6:09	7:13	8:18	9:18	10:18	11:18	12:18	1:18
Locust Manor (Note)	4:20	5:20	6:11	7:15	8:20	9:20	10:20	11:20	12:20	1:20
JAMAICA (Arrive)	12:31	1:41	2:32	4:27	5:27	6:14	6:18	7:11	7:21	8:06	8:27	9:06	9:27	10:11	10:27	11:06	11:27	12:06	12:27	1:06	1:27
JAMAICA (Leave)	12:32	1:42	2:33	4:28	5:28	6:15	6:19	7:12	7:22	8:11	8:28	9:11	9:28	10:12	10:28	11:11	11:28	12:11	12:28	1:11	1:28
Kew Gardens	2:37
Forest Hills	2:39
Woodside	12:39	1:51	4:35	5:35	6:24	6:28
GRAND CENTRAL	2:02	6:35	7:31	7:42	8:31	8:46	9:31	9:46	10:31	10:46	11:31	11:46	12:31	12:46	1:31	1:46
PENN STATION	12:49	2:52	4:46	5:46	6:38
Train #	6801	6201	6103	6805	6807	6205	6809	6207	6811	6209	6813	6213	6815	6215	6817	6217	6823	6219	6825	6251	6853

For explanation, see	"Reference Notes."																					
PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
PENN STATION
GRAND CENTRAL	1:47	2:17	2:47	3:10	3:47	4:10	4:47	5:13	5:47	6:10	6:47	7:13	7:47	8:10	8:47	9:13	9:47	10:10	10:47	11:13	11:58
Woodside	2:29	3:22	4:22	5:25	6:22	7:25	8:22	9:25	10:22	12:09
Forest Hills
Kew Gardens
JAMAICA (Arrive)	2:07	2:38	3:07	3:31	4:07	4:31	5:07	5:34	6:07	6:31	7:07	7:34	8:07	8:31	9:07	9:34	10:07	10:31	11:07	11:34	12:18
JAMAICA (Leave)	2:08	2:39	3:08	3:32	4:08	4:32	5:08	5:35	6:08	6:32	7:08	7:35	8:08	8:32	9:08	9:35	10:08	10:32	11:08	11:35	12:19
Locust Manor (Note)	2:14	3:14	4:14	5:14	6:14	7:14	8:14	9:14	10:14	11:14	12:24
Laurelton (Note)	2:16	3:16	4:16	5:16	6:16	7:16	8:16	9:16	10:16	11:16	12:26
Rosedale (Note)	2:19	3:19	4:19	5:19	6:19	7:19	8:19	9:19	10:19	11:19	12:29
Valley Stream (Note)	2:22	3:22	4:22	5:22	6:22	7:22	8:22	9:22	10:22	11:22	12:32
LYNBROOK	B 2:25	A 2:54	B 3:25	A 3:46	B 4:25	A 4:46	B 5:25	A 5:49	B 6:25	A 6:46	B 7:25	A 7:49	B 8:25	A 8:46	B 9:25	A 9:49	B 10:25	A 10:46	B 11:25	A 11:49	B 12:35
Centre Avenue	2:27	3:27	4:27	5:27	6:27	7:27	8:27	9:27	10:27	11:27	12:37
East Rockaway	2:29	3:29	4:29	5:29	6:29	7:29	8:29	9:29	10:29	11:29	12:39
Oceanside	2:31	3:31	4:31	5:31	6:31	7:31	8:31	9:31	10:31	11:31	12:41
Island Park	2:35	3:35	4:35	5:35	6:35	7:35	8:35	9:35	10:35	11:35	12:45
LONG BEACH	2:42	3:42	4:42	5:42	6:42	7:42	8:42	9:42	10:42	11:42	12:52
Train #	6854	6254	6856	6256	6860	6260	6862	6262	6866	6264	6868	6266	6872	6268	6874	6270	6876	6272	6878	6274	6880

For explanation, see	"Reference Notes."																						
PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	
LONG BEACH	1:52	2:52	3:52	4:29	4:52	5:52	6:52	7:52	8:52	9:52	10:52
Island Park	1:58	2:58	3:58	4:58	5:58	6:58	7:58	8:58	9:58	10:58	12:58
Oceanside	2:02	3:02	4:02	5:02	6:02	7:02	8:02	9:02	10:02	11:02	1:02
East Rockaway	2:04	3:04	4:04	5:04	6:04	7:04	8:04	9:04	10:04	11:04	1:04
Centre Avenue	2:06	3:06	4:06	5:06	6:06	7:06	8:06	9:06	10:06	11:06	1:06
LYNBROOK	A 2:00	B 2:09	A 2:52	B 3:09	A 3:52	B 4:09	A 4:52	B 5:09	A 5:57	B 6:09	A 6:57	B 7:09	A 8:00	B 8:09	A 8:57	B 9:09	A 9:52	B 10:09	A 10:57	B 11:09	A 11:52
Valley Stream (Note)	2:12	3:12	4:12	5:12	6:12	7:12	8:12	9:12	10:12	11:12

Monday through Friday except Holidays, Effective May 20 - September 2, 2024

Eastbound

To Long Beach

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Table showing train schedules for Eastbound service from Penn Station to Long Beach. Includes columns for station names and train numbers (202, 802, 804, etc.).

Table showing train schedules for Eastbound service from Penn Station to Long Beach, including peak times and specific train numbers (262, 858, 860, etc.).

Monday through Friday except Holidays, Effective May 20 - September 2, 2024

Westbound

To Penn Station, Grand Central & Jamaica

Weekdays

See the TrainTime app for complete service west of Jamaica as well as transfer options.

Table showing train schedules for Westbound service from Long Beach to Penn Station. Includes columns for station names and train numbers (801, 103, 105, etc.).

Table showing train schedules for Westbound service from Long Beach to Penn Station, including peak times and specific train numbers (1293, 839, 1295, etc.).



Table titled 'To Hunterspoint Avenue & Long Island City Monday to Friday except Holidays' showing train numbers and notes for various stations.

Table titled 'From Long Island City & Hunterspoint Avenue Monday to Friday except Holidays' showing train numbers and notes for various stations.



Reference Notes table containing information about train operations, holidays, and peak times. Includes sections for Note 1, Holidays, PEAK AM, PEAK PM, and West of Jamaica.

Station Services: Connecting Transportation table showing fare zones and connecting services for various stations like Penn Station, Grand Central, and Jamaica.

Customer Service Center table providing contact information for Long Island Rail Road, including phone numbers and website links.

Assaulting MTA Long Island Rail Road Train Crew Members is a felony punishable by up to 5 years in prison. Includes a logo and text about responsibility.